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# Involvement of hydrogen peroxide in the differentiation and apoptosis of preosteoclastic cells exposed to arsenite

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### Abbreviations:

AsO<sub>2</sub>, sodium arsenite

DPI, diphenylene iodonium chloride

ERK, extracellular signal-regulated protein kinases

JNK, Jun N-terminal kinase

RANKL, ligand for receptor activator of nuclear factor-κB

RANK, receptor activator of NF-κB

PMA, 4β-phorbol-12-myristate-13-acetate

ROS, reactive oxygen species

TRAP, tartrate resistant acid phosphatase

TUNEL, terminal deoxynucleotidyl

transferase biotin-dUTP

nick end labeling

## ABSTRACT

Long-term exposure to sodium arsenite (AsO<sub>2</sub>) promotes the development of various cancers. Paradoxically, arsenic also induces pro-myelomonocytic leukemia cell differentiation, and at higher concentrations, apoptosis. The present study investigated the effects of AsO<sub>2</sub> on preosteoclasts. When treated with 2.5–5 μM AsO<sub>2</sub>, RAW264.7 cells underwent osteoclast differentiation as evidenced by an increase in the number of multinucleate cells expressing tartrate resistant acid phosphatase (TRAP). The appearance of these phenotypic markers was preceded by a low level increase in extracellular production of H<sub>2</sub>O<sub>2</sub> and was prevented by the addition of catalase (4.5 μg/ml), an enzyme that removes H<sub>2</sub>O<sub>2</sub>. Only at high concentrations (10–25 μM) of AsO<sub>2</sub> was a significant loss of cell viability and a high level increase in H<sub>2</sub>O<sub>2</sub> production (1.5 μM) observed. Apoptosis was blocked by pretreatment with diphenylene iodonium chloride (2 μM), a NAD(P)H-flavoprotein inhibitor, suggesting the involvement of NADPH-oxidase. The data show that AsO<sub>2</sub>, dose-dependently, stimulates increasing amounts of H<sub>2</sub>O<sub>2</sub> production. Moreover, at concentrations found in tissues of individuals exposed to geochemical AsO<sub>2</sub>, osteoclasts underwent an H<sub>2</sub>O<sub>2</sub>-dependent differentiation. Therefore, chronic exposure to low-level amounts of AsO<sub>2</sub> could result in increased bone resorption and contribute to bone related pathologies.

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## 1. Introduction

Arsenic is a highly toxic element that is found ubiquitously in soil and water. Substantial amounts of arsenic are released into the air and water as a consequence of geological activity, the disposal of industrial waste products, the combustion of coal and from the use of arsenical herbicides, insecticides, and rodenticides [1]. The primary routes of arsenic exposure are through drinking contaminated water and eating contaminated foods.

General health effects associated with extended arsenic exposure include cardiovascular and peripheral vascular disease, hematologic disorders (anemia, leukopenia, and eosinophilia) and multiple cancers of the skin, lung, liver, urinary bladder, kidney, and colon [2]. The development of these seemingly diverse disorders involving cell transformation, proliferation, and cell death is highly dependent on the level, duration and chemical species of arsenic exposure. There are several organic and inorganic species of arsenic that are found in the environment. Of these, inorganic arsenate and arsenite are considered to be the most hazardous, with arsenite being more harmful than arsenate. Arsenate is an inorganic molecular analog of phosphate and as such would be expected to accumulate in the apatite lattice of bone. Indeed, an accumulation of both species was detected in the femoral head of  $68.7 \pm 8.7$  year old people living in southern and central Poland, regions known to have elevated arsenic levels [3]. Although the accumulation and long-term effects of environmental arsenic on bone is of only recent interest, a 1974 report indicated that individuals working with arsenic evidence bone changes that affect locomotion [4]. Based on this report, Lever suggested that the widespread use of arsenic by the cotton industry might account for the abnormal geographic variations in prevalence rates of Paget's disease of bone in Lancashire [5]. Although speculative, he suggested that long-term exposure to elevated levels of arsenic might be a contributing factor in osteoclast-mediated bone resorption in Paget's disease.

Arsenite has been reported to induce signaling from the cell surface to the nucleus by reacting with the sulfhydryl groups and crosslinking GPI-anchored proteins on membrane rafts [6,7]. The initial crosslinking of GPI-anchored proteins on membrane rafts triggers the activation of several signal transduction pathways, including the activation of PI3K, Src family kinases, G-proteins, and Rac1 [6–9]. This interaction can lead to the activation of NADPH-oxidase and the generation of superoxide anion, which either spontaneously or enzymatically is converted to  $H_2O_2$ , a membrane permeant ROS.

Hydrogen peroxide has been implicated as an important component in osteoclast differentiation. For example, we and others have reported that  $H_2O_2$  is produced by preosteoclasts and it affects osteoclast differentiation [10–14] and resorption efficiency [10,11,15–22]. Additionally, it has been shown that  $H_2O_2$  is produced by preosteoclasts in response to RANKL treatment [2,23,24]. Thus, at lower concentrations, ROS play a role in receptor activated signaling pathways in osteoclasts [12,22–24]. At higher concentrations of ROS, cellular components are oxidized, which may result in cell death. Because ROS are a group of highly reactive molecular forms of oxygen, they can oxidize lipids, proteins, and DNA causing severe

damage to cell structures and impairing cell functionality [16,25].

The direct effects of arsenic on osteoclasts have not been studied. However, because arsenic compounds are also used therapeutically to treat patients with pro-myelomonocytic leukemia, cells that share at least some characteristics with osteoclast precursor cells, we know that at the cellular level arsenic can initiate differentiation, cause cell cycle arrest, or act as an apoptogen [26–30]. Moreover, arsenic can induce cell signaling.

The understanding of the signaling pathways necessary for osteoclast differentiation has advanced tremendously over the last few years and new proteins and other intracellular mediators continue to be discovered; exposure to arsenite may trigger osteoclast differentiation. However, at present, no one has evaluated the direct effects of arsenic on osteoclast differentiation from myelomonocytic precursor cells. Given the presence of arsenic in the peripheral blood and bone, the direct effects of arsenic on pro-myelomonocytic leukemia cell differentiation and apoptosis and the production of ROS by other cell types in response to arsenic, we explored the influence of arsenic on osteoclast differentiation and apoptosis.

## 2. Materials and methods

Diphenylene iodonium chloride (DPI), an NADPH-oxidase inhibitor [31,32], catalase, which removes  $H_2O_2$  by converting it to water and oxygen [33], phorbol 12-myristate 13-acetate (PMA), a known activator of NADPH-oxidase, sodium arsenite ( $AsO_2$ ), neutral red, and sodium tartrate were purchased from Sigma-Aldrich, St. Louis, MO.

### 2.1. Cell culture

The RAW264.7 murine macrophage cell line was used for the current studies (ATCC (no. TIB-71)). This cell line undergoes osteoclast differentiation in response to receptor activator of NF- $\kappa$ B ligand (RANKL) [11,34] (Angeles, CA). Cells were maintained in 75-cm<sup>2</sup> tissue culture flasks in DMEM (Cellgro Mediatech, Inc., Herndon, VA) supplemented with 10% heat-inactivated fetal bovine serum at 37 °C and incubated in a humidified atmosphere of 5%  $CO_2$ . Cells were passaged once a week before reaching confluency by transferring 0.3 ml of the 1 ml of trypsinized cells to 20 ml of fresh medium. After 18 passages, cultures were replaced with cells from early passage stocks that were stored in liquid nitrogen.

For the current experiments, cells were plated at a density of  $3 \times 10^4$  cells/well in a 24-well tissue culture plate (Costar, Corning Inc., Corning, NY) in DMEM phenol red free supplemented with 10% heat-inactivated fetal bovine serum.

### 2.2. Sodium arsenite preparation and exposure

$AsO_2$  was diluted in distilled water at a concentration of 1 mM and was stored at 4 °C. Fresh stock solutions were made for each experiment. The amounts of  $AsO_2$  used in this study were within the range of the plasma levels (0–25  $\mu$ M) found in the population of Northeastern Taiwan [35] and those achieved in acute pro-myelomonocytic leukemia patients [36]. Cells were

exposed to  $\text{AsO}_2$  (0–25  $\mu\text{M}$ ) for 24 h in DMEM containing heat-inactivated 2.5% FBS. After 24 h, fresh DMEM containing heat-inactivated 10% FBS without  $\text{AsO}_2$  was added to the cells.

### 2.3. Extracellular $\text{H}_2\text{O}_2$ measurements

Extracellular  $\text{H}_2\text{O}_2$  production was quantified using the Amplex Red Hydrogen Peroxide Assay Kit (Molecular Probes; Eugene, OR) according to manufacture's recommendations. Cells were simultaneously incubated in the presence of Amplex Red (10-acetyl-3,7-dihydroxyphenoxazine in PBS supplemented with 4.5 mg/ml glucose; Cellgro Mediatech, Inc., Herndon, VA) and either PMA (50 ng/ml) or  $\text{AsO}_2$  (0–25  $\mu\text{M}$ ). The production of  $\text{H}_2\text{O}_2$  was monitored from 0 to 3 h after the addition of PMA or  $\text{AsO}_2$  as a change in fluorescence at 560 nm excitation and 595 nm emission (Tecan plate reader, Research Triangle Park, NC). A reagent  $\text{H}_2\text{O}_2$  standard curve was used to calculate  $\text{H}_2\text{O}_2$  concentration.

### 2.4. Tartrate-resistant acid phosphatase (TRAP) histochemistry

Cells were treated with  $\text{AsO}_2$  (0–25  $\mu\text{M}$ ) for 24 h  $\pm$  catalase (4.5 mg/ml) to remove  $\text{H}_2\text{O}_2$ . After 24 h, the medium was replenished and the cells were incubated for an additional 3 days in the absence of  $\text{AsO}_2 \pm$  catalase. On day 5, TRAP activity was determined using the Acid Phosphatase Assay Kit (Sigma Diagnostics Inc., St. Louis, MO) according to manufacture's recommendations, with the exception that cells were fixed in 2% paraformaldehyde for 15 min at room temperature, rinsed, and then incubated in ice cold methanol for several minutes, additionally fresh sodium tartrate was prepared and added at a final concentration of 50 mM. A red precipitate was observed in cells containing TRAP activity.

### 2.5. Cell number and viability

Cells were exposed to  $\text{AsO}_2$  for 24 h and cell counts were determining using hemacytometer. Cell viability was measured using the neutral red assay. This assay is based on the ability of live cells to take up the dye [37]. In brief, neutral red (50  $\mu\text{g/ml}$ ) was added to the medium and the cells were incubated at 37 °C. After the media was removed, cells were washed with 1% formaldehyde–1%  $\text{CaCl}_2$  solution, and the dye was extracted with 0.2 ml of 1% acetic acid and 50% ethanol for 10 min. Optical density of the extract solution was determined in triplicate at 540 nm in a 96 well plate. Since the amount of cell-associated neutral red is proportional to the number of live cells, the decrease in absorbance at 540 nm provides a direct measurement of cell death.

### 2.6. Cellular apoptosis

Cells were treated with  $\text{AsO}_2$  (0–25  $\mu\text{M}$ ) and apoptosis was measured by the TUNEL assay. The TUNEL assay takes advantage of the fact that during apoptosis, between nucleosomes, nuclear endonucleases digest genomic DNA into fragments of multiples of approximately 200 bp. To measure the fragmented DNA, the nucleotide ends were labeled using the Klenow FragEL Kit (Ocogene Research Products, Cambridge,

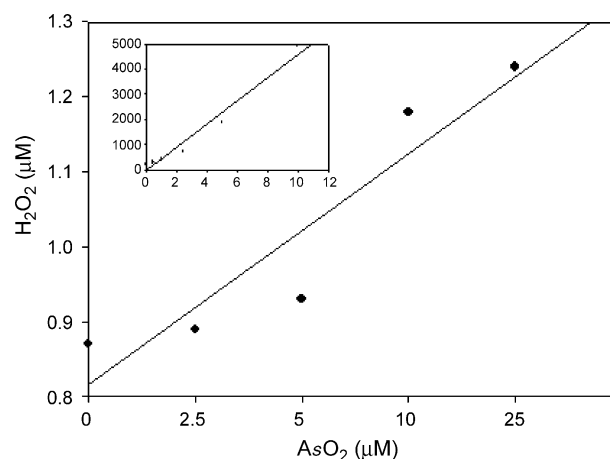
MA) according to manufacturer's instructions and the oxidized diaminobenzidine (brown precipitate) product was visualized by light microscopy as described above. To improve detection of TUNEL positive cells, cells were not counterstained [23,38].

### 2.7. Caspase-3 activation assay

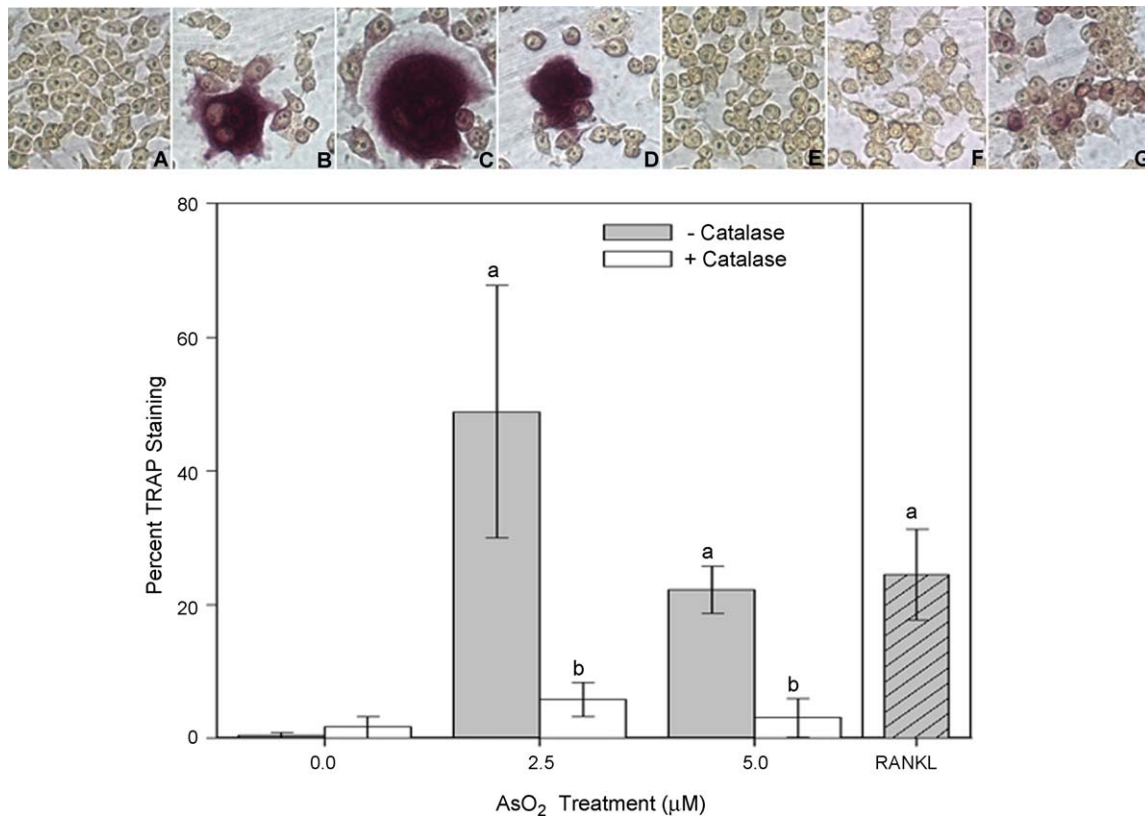
Caspase-3 is a downstream effector of the apoptotic response. To confirm that  $\text{AsO}_2$  induced preosteoclast apoptosis, we evaluated the activity of this enzyme in treated cells using the caspase substrate, PhiPhiluxG1D2 (OncoImmunin, Inc., Gaithersburg, MD). The proteolytic cleavage of PhiPhiluxG1D2 generates a fluorescent product that is proportional to caspase-3 activation and activity. Cells were treated for 15 min with either 2.5 or 25  $\mu\text{M}$   $\text{AsO}_2$ . Some wells were pretreated with 2  $\mu\text{M}$  DPI for 30 min and then 2.5 or 25  $\mu\text{M}$   $\text{AsO}_2$  was added to medium containing fresh DPI to determine if inhibition of  $\text{H}_2\text{O}_2$  production by NADPH-oxidase would alter caspase-3 activity. Cells were then washed twice and incubated with 10  $\mu\text{M}$  PhiPhiluxG1D2 for 1 h at 37 °C. Excess substrate was removed, cells were washed twice and the cellular fluorescence captured.

### 2.8. Image acquisition, capture and analysis

The images were acquired on an Olympus IX50 inverted microscope (Olympus, Japan) with either a SPOT digital cooled CCD camera (Diagnostic Imaging Inc., Sterling Heights, MI) or an Olympus Fluoview inverted confocal microscope (Olympus, Melville, NY) equipped with a long-distance lens with a specialized cap to permit evaluation of fluorescence through the plastic dish. Multiple fields were acquired and analyzed with Image Pro Plus Software (Media Cybernetics, Silver Springs,



**Fig. 1** –  $\text{H}_2\text{O}_2$  production by RAW264.7 cells in response to  $\text{AsO}_2$  or 4beta-phorbol-12-myristate-13-acetate (PMA), a known activator of NADPH-oxidase. Extracellular  $\text{H}_2\text{O}_2$  production was determined using the Amplex Red assay using the  $\text{H}_2\text{O}_2$  standard curve (inset). The amount of  $\text{H}_2\text{O}_2$  produced in response to 0–25  $\mu\text{M}$   $\text{AsO}_2$ . The increase in  $\text{H}_2\text{O}_2$  production was proportional to the amount of  $\text{AsO}_2$ . Representative data are presented from one experiment done in triplicate. Three independent experiments were performed. Data are expressed as the mean  $\pm$  S.E.M.



**Fig. 2 – Tartrate-resistant acid phosphatase (TRAP) histochemical stain for enzyme activity and multinucleate cell formation after exposure to  $\text{AsO}_2$ .** RAW264.7 cells were exposed to (A) 0  $\mu\text{M}$   $\text{AsO}_2$ , (B) 2.5  $\mu\text{M}$   $\text{AsO}_2$ , (C) 5  $\mu\text{M}$   $\text{AsO}_2$ , (D) RANKL (35 ng/ml), (E) 0  $\mu\text{M}$   $\text{AsO}_2$  plus catalase (4.5  $\mu\text{g/ml}$ ), (F) 2.5  $\mu\text{M}$   $\text{AsO}_2$  plus catalase, (G) 5  $\mu\text{M}$   $\text{AsO}_2$  plus catalase, or (H) TRAP quantitation of percent positive staining. After 24 h, fresh medium without  $\text{AsO}_2$  was added to the cells. Fresh medium with catalase or RANKL was added to (D–G). TRAP histochemistry was performed on day 4. In cell preparations that did not receive  $\text{AsO}_2$  (control), an occasional multinucleate cell and some TRAP activity was observed. Treatment of the cells with  $\text{AsO}_2$  increased multinucleate cell formation and both the number of TRAP expressing cells and the amount of TRAP per cell as compared to control. The mean increase in TRAP activity in response to 2.5  $\mu\text{M}$   $\text{AsO}_2$  was higher than the 5  $\mu\text{M}$   $\text{AsO}_2$  mean, which was comparable to RANKL induced TRAP activity. However, there was no statistical difference between the three treatments. The observed increase in TRAP in response to  $\text{AsO}_2$  exposure was inhibited by the addition of catalase, an enzyme that catalyzes the conversion of extracellular  $\text{H}_2\text{O}_2$  to water and oxygen. Significant differences: a, significant increase as compared to control  $p < 0.05$ ; b, significant decrease as compared to  $\text{AsO}_2$  treatment  $p < 0.05$ . Images (60 $\times$ ) displayed are representative of triplicate field observations from three independent experiments.

MD). Exposure time and all microscope settings were determined by imaging the experimental group with the highest staining intensity first and then duplicating the conditions and time for all other samples. TRAP quantitation of percent positive staining was determined by area of positive colorimetric staining by TRAP divided by total cell area. Density mean was determined in both the caspase-3, after background non-specific fluorescence was subtracted, and the TUNEL assay by defining each individual cell area after which density measurements were performed by Image Pro Plus software. The density mean is the mean of all the cells per time point.

### 2.9. Statistical analysis

All experiments were repeated 3–5 times. Similar results occurred in each replicate. Data are expressed as the mean  $\pm$  S.E.M. or as a percentage of control activity. Data are shown as the mean  $\pm$  S.E.M. of the percentages and reported as fold

increase over control. Data presented here were analyzed using a one-way ANOVA and a Tukey post hoc test, with the exception of the TRAP image analysis and caspase-3 image analysis, which were analyzed using a Kruskal–Wallis one-way ANOVA on ranks with a Dunn's method multiple comparison procedure. Significance was assessed when  $p < 0.05$ . Correlation between cell counts and neutral red uptake was calculated using Pearson's  $r$ .

## 3. Results

### 3.1. $\text{H}_2\text{O}_2$ production by preosteoclasts after exposure to sodium arsenite

To evaluate the response of preosteoclast exposure to  $\text{AsO}_2$ , the extracellular production of  $\text{H}_2\text{O}_2$  was measured. Preosteoclastic RAW264.7 cells were exposed to a known



NADPH-oxidase activator, phorbol myristate acetate (PMA) or  $\text{AsO}_2$  at concentrations ranging from 1 to 25  $\mu\text{M}$ . Cells incubated under the same conditions in the absence of  $\text{AsO}_2$  served as controls. The amount of  $\text{H}_2\text{O}_2$  produced by cells was calculated based on arbitrary fluorescence units of a 0–10  $\mu\text{M}$   $\text{H}_2\text{O}_2$  standard curve (Fig. 1;  $\text{H}_2\text{O}_2$  standard curve inset). There was a small increase in extracellular  $\text{H}_2\text{O}_2$  production by 2 h in response to 2.5–5  $\mu\text{M}$   $\text{AsO}_2$  ( $0.89 \pm 0.10$  and  $0.93 \pm 0.12 \mu\text{M}$ , respectively) as compared to 0  $\mu\text{M}$   $\text{AsO}_2$  ( $0.87 \pm 0.09 \mu\text{M}$ ) (Fig. 1). At higher concentrations of  $\text{AsO}_2$  (10–25  $\mu\text{M}$ ) the amount of  $\text{H}_2\text{O}_2$  detected in the medium was increased ( $1.18 \pm 0.19$  and  $1.24 \pm 0.18 \mu\text{M}$ , respectively) and was similar to the level of  $\text{H}_2\text{O}_2$  produced by cells stimulated with 50 ng/ml PMA ( $1.51 \pm 0.10 \mu\text{M}$ ).

### 3.2. TRAP expression and activity after exposure to sodium arsenite

We and others have reported that the production of  $\text{H}_2\text{O}_2$  initiates an early stage of osteoclast differentiation characterized by high levels of TRAP expression and activity, and multinucleate cell formation [10–14]. In the present study, when exposed for 24 h to  $\text{AsO}_2$  at concentrations that induce low and extended levels of  $\text{H}_2\text{O}_2$  production, RAW264.7 cells showed increased TRAP activity and became multinucleate (Fig. 2). These cells had similar numbers of TRAP positive and multinucleate cells as those treated with 35 ng/ml of RANKL. Cells incubated in the absence of  $\text{AsO}_2$  did not contain measurable TRAP activity. The percent of TRAP staining in cells exposed to 2.5  $\mu\text{M}$ , 5  $\mu\text{M}$   $\text{AsO}_2$  or 35 ng/ml of RANKL was significantly increased above the control cells.

To remove  $\text{H}_2\text{O}_2$ , catalase (4.5  $\mu\text{g}/\text{ml}$ ) was added. The percent of TRAP staining in cells exposed to 2.5 or 5  $\mu\text{M}$   $\text{AsO}_2$  in the presence of catalase was decreased to essentially control cell amounts, indicating the involvement of  $\text{H}_2\text{O}_2$  in osteoclast differentiation.

### 3.3. Cell viability and number after exposure to sodium arsenite

To investigate the toxicity of  $\text{AsO}_2$ , preosteoclasts were treated with  $\text{AsO}_2$  at concentrations ranging from 2.25 to 25  $\mu\text{M}$  for 24 h and the percent inhibition of cell viability, as indicated by neutral red uptake, was calculated relative to control (Fig. 3). There was a dose-dependent decrease in neutral red absorbance. Cell viability in response to 25  $\mu\text{M}$   $\text{AsO}_2$  was significantly lower than in response to 10  $\mu\text{M}$   $\text{AsO}_2$ , just as the viability for cells exposed to 10  $\mu\text{M}$  was significantly less than that observed in response to 2.5 and 5  $\mu\text{M}$ . Finally, cell counts were also performed and showed significant correlation with the neutral red results ( $r^2 = 0.867$ ;  $p$ , 0.05).

### 3.4. TUNEL staining analysis of cells exposed to sodium arsenite

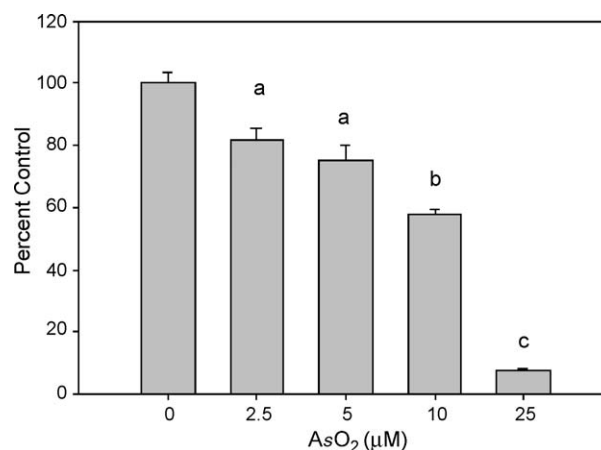
To assess whether cells treated with  $\text{AsO}_2$  were undergoing apoptosis, cells were stained by the TUNEL procedure. TUNEL staining was performed on cells pre-treated for 24 h with 0, 5, or 25  $\mu\text{M}$   $\text{AsO}_2$ . Data presented in Fig. 4 show that the untreated cells (control) are flattened, indistinct and TUNEL

negative. Cells treated with 5  $\mu\text{M}$   $\text{AsO}_2$  show a diffuse stain that is not localized to the nucleus. After treatment with 25  $\mu\text{M}$   $\text{AsO}_2$ , RAW264.7 cells exhibit TUNEL positive nuclei. The increase in mean stain density in cells exposed to 25  $\mu\text{M}$   $\text{AsO}_2$  was significantly greater than staining intensity in control cell samples and cells exposed to 5  $\mu\text{M}$   $\text{AsO}_2$ .

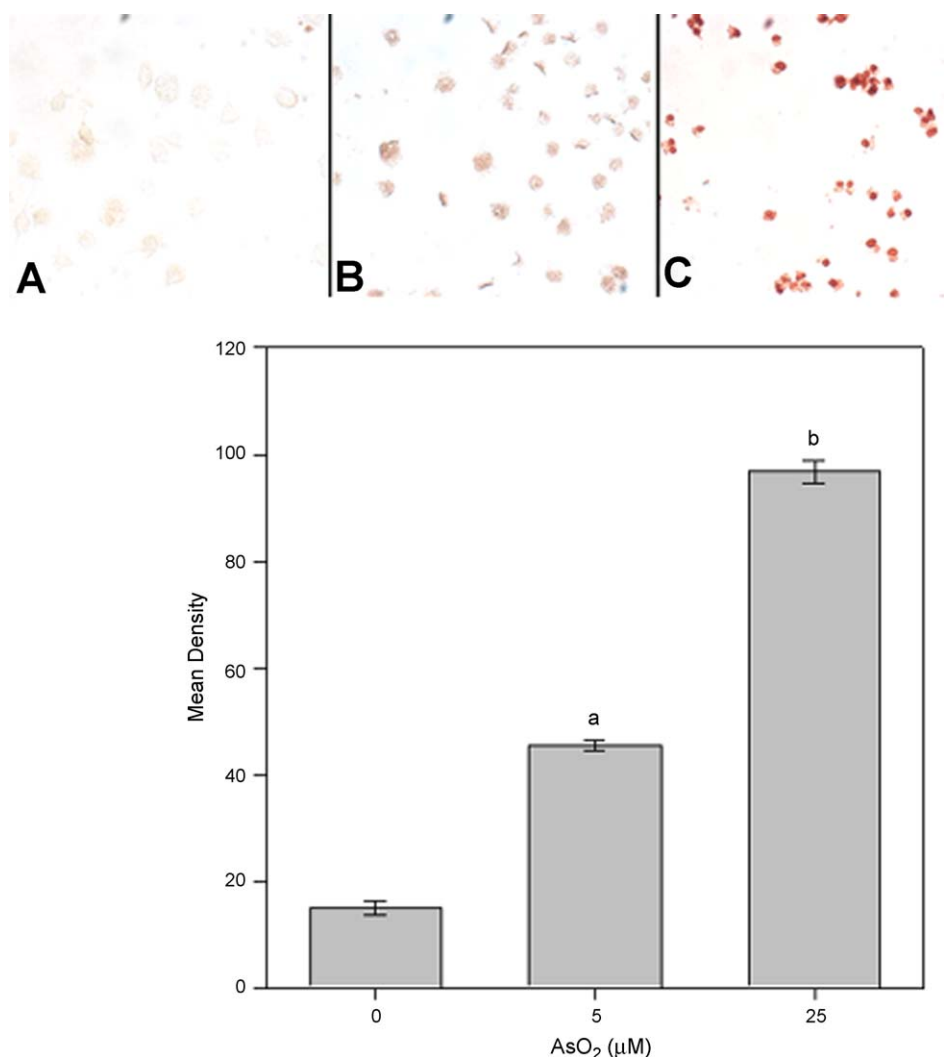
### 3.5. Caspase-3 activation analysis of cells exposed to sodium arsenite

To determine further the involvement of apoptosis in mediating preosteoclast cell death, caspase-3 activation was measured. Cells were treated with  $\text{AsO}_2$  for 15 min prior to incubation for 1 h with the caspase-3 substrate, PhiPhilux G1D2 (Fig. 5). Note, that, while a few cells exposed to 5  $\mu\text{M}$   $\text{AsO}_2$  stain positively, the staining is punctate. The mean fluorescence density showing caspase-3 activation in cells exposed to 5  $\mu\text{M}$   $\text{AsO}_2$  was comparable to control cell fluorescence. With 25  $\mu\text{M}$   $\text{AsO}_2$  treatment, the stain becomes diffusely distributed throughout the cytoplasm and a greater percentage of the cells contain caspase-3 activity as evidenced by the doubling in the mean fluorescence density as compared to non-exposed controls.

To determine the involvement of  $\text{H}_2\text{O}_2$  in the  $\text{AsO}_2$ -induced caspase-3 activation, some cells were pre-treated with DPI (2  $\mu\text{M}$ ) to prevent  $\text{H}_2\text{O}_2$  production. Cells pre-treated with DPI



**Fig. 3 – Cells were counted and cell viability after exposure to  $\text{AsO}_2$  was determined using neutral red uptake by live cells.** Cells were exposed to 0–25  $\mu\text{M}$   $\text{AsO}_2$  for 24 h in DMEM containing 2.5% FBS. Cells not exposed to  $\text{AsO}_2$  but incubated in the same medium served as controls. These cells were continued to proliferate during the 24 h incubation. There was a dose-dependent decrease in neutral red absorbance as compared to the control. Cell viability in response to 25  $\mu\text{M}$   $\text{AsO}_2$  was significantly lower than in response to 10  $\mu\text{M}$   $\text{AsO}_2$ , just as the viability of cells exposed to 10  $\mu\text{M}$   $\text{AsO}_2$  was significantly less than that observed in response to 2.5 or 5  $\mu\text{M}$   $\text{AsO}_2$ . Significant differences: a, significant difference from control  $p < 0.05$ ; b, significant difference from control and 2.5 and 5  $\mu\text{M}$   $\text{AsO}_2$   $p < 0.05$ ; c, significant difference from all four  $p < 0.05$ . Data are expressed as the mean percentage of control  $\pm$  S.E.M. for three independent experiments.



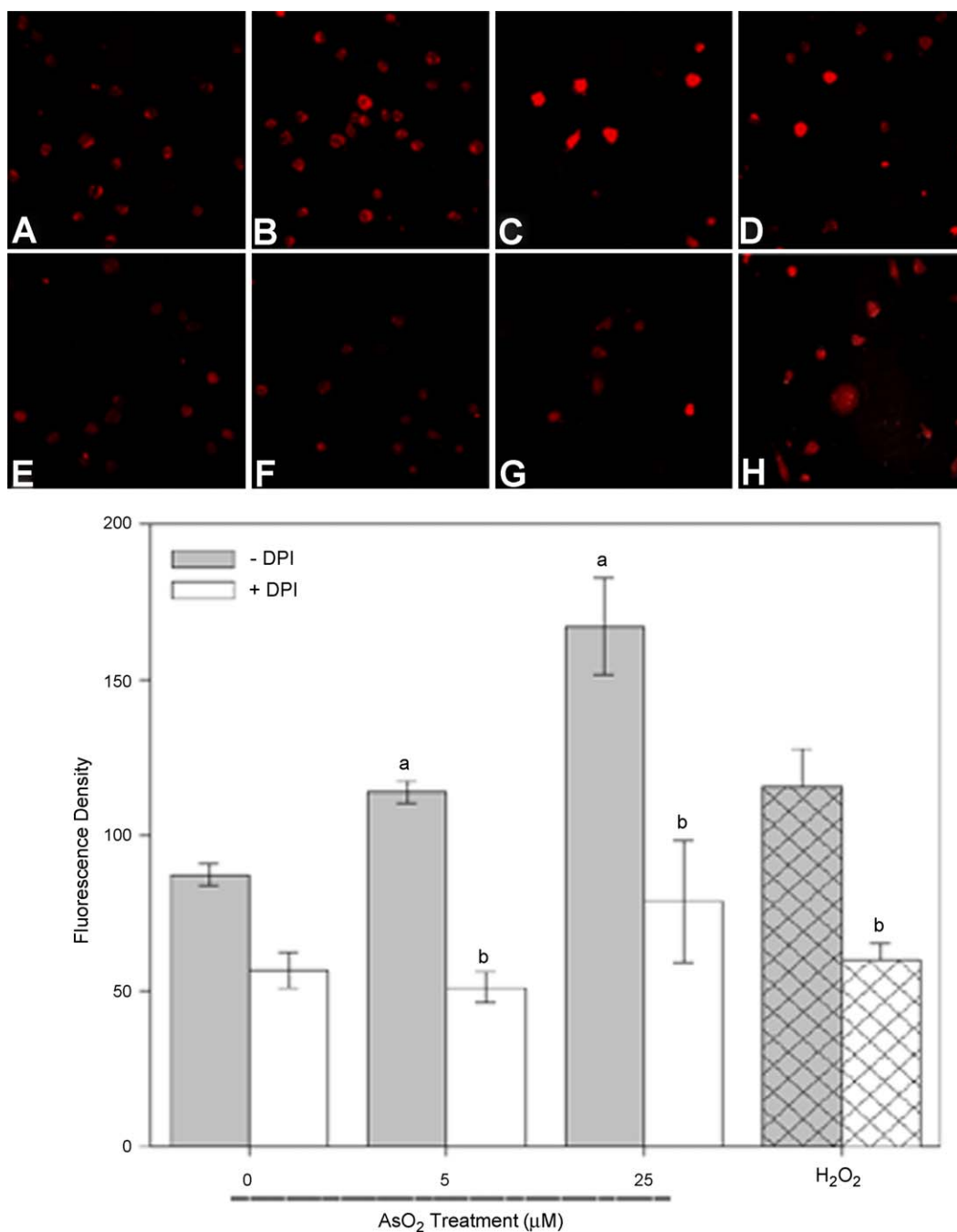
**Fig. 4 – Apoptosis after cell exposure to AsO<sub>2</sub> was determined using the TUNEL assay. This assay detects fragmented DNA as a sign of programmed cell death.  $1.2 \times 10^5$  cells were exposed to (A) 0 μM AsO<sub>2</sub>, (B) 5 μM AsO<sub>2</sub>, or (C) 25 μM AsO<sub>2</sub> for 24 h. (D) The data are presented as the mean density of TUNEL staining. In cell preparations that did not receive AsO<sub>2</sub> (control), no TUNEL positive cells were observed. The nuclear localization of the TUNEL stain after exposure to 25 μM AsO<sub>2</sub> showed death by apoptosis. Significant differences: a, significant difference from control  $p < 0.05$ ; b, significant difference from control and 5 μM AsO<sub>2</sub>  $p < 0.05$ . Data are expressed as the mean percentage of control  $\pm$  S.E.M. Images (20 $\times$ ) displayed are representative of triplicate field observations from three independent experiments.**

did not show caspase-3 activation and the mean fluorescence densities for cells exposed to AsO<sub>2</sub> or H<sub>2</sub>O<sub>2</sub> were lower than those of the non-exposed control. The addition of H<sub>2</sub>O<sub>2</sub> (1.5 μM) to both DPI pretreated and untreated cells served as positive controls. Although added as a bolus, it shows that an H<sub>2</sub>O<sub>2</sub> concentration of 1.5 μM will initiate cellular apoptosis.

#### 4. Discussion

The results of our investigation show that the production of H<sub>2</sub>O<sub>2</sub> in response to AsO<sub>2</sub> is due to the activation of NADPH-oxidase and that H<sub>2</sub>O<sub>2</sub> production induces the differentiation of RAW264.7 cells into osteoclast-like cells. The amount of H<sub>2</sub>O<sub>2</sub> produced was dependent on the concentration of AsO<sub>2</sub> to which

the cells were exposed. Low micromolar amounts of AsO<sub>2</sub> (2.5–5 μM), within the range detected in peripheral blood and bone, stimulated the production of low micromolar amounts of H<sub>2</sub>O<sub>2</sub>, which induced multinucleate cell formation and TRAP activity; an enzyme that is highly expressed in osteoclasts during the differentiation of these cells. In contrast, high amounts of AsO<sub>2</sub> (10–25 μM) stimulated an increase in H<sub>2</sub>O<sub>2</sub> production equivalent to the amount of H<sub>2</sub>O<sub>2</sub> produced in response to PMA. It was only at these elevated concentrations that the preosteoclasts underwent a caspase-3 related apoptosis. Both the expression of TRAP and the activation of caspase-3 were dependent on the production of H<sub>2</sub>O<sub>2</sub>, which precedes these two events. Therefore, the amount of AsO<sub>2</sub> and the threshold of ROS production determine the susceptibility of the cells to differentiate or undergo apoptosis.



**Fig. 5 – Caspase-3 activation after cell exposure to  $\text{AsO}_2$  was determined using the caspase substrate, PhiPhiluxG1D2.**  $1.2 \times 10^5$  cells were exposed to (A) 0  $\mu\text{M}$   $\text{AsO}_2$ , (B) 5  $\mu\text{M}$   $\text{AsO}_2$ , (C) 25  $\mu\text{M}$   $\text{AsO}_2$ , (D) 1.5  $\mu\text{M}$   $\text{H}_2\text{O}_2$ , (E) 0  $\mu\text{M}$   $\text{AsO}_2$  plus 2  $\mu\text{M}$  DPI, or (F) 5  $\mu\text{M}$   $\text{AsO}_2$  plus 2  $\mu\text{M}$  DPI, (G) 25  $\mu\text{M}$   $\text{AsO}_2$  plus 2  $\mu\text{M}$  DPI or (H) 1.5  $\mu\text{M}$   $\text{H}_2\text{O}_2$  plus 2  $\mu\text{M}$  DPI for 15 min and substrate was added for an additional hour. In cell preparations that did not receive  $\text{AsO}_2$  (control), no caspase-3 activity was observed. Cells exposed to 25  $\mu\text{M}$   $\text{AsO}_2$  or 1.5  $\mu\text{M}$   $\text{H}_2\text{O}_2$  were bright red indicating caspase-3 activation. To inhibit  $\text{H}_2\text{O}_2$  production, cells were pretreated for 30 min with DPI. The data show that  $\text{AsO}_2$  through an  $\text{H}_2\text{O}_2$ -mediated process activated a caspase-3 dependent apoptosis and that DPI inhibited caspase-3 activation. Significant differences: a, significant increase as compared to control  $p < 0.05$ ; b, significant decrease as compared to  $\text{AsO}_2$  or  $\text{H}_2\text{O}_2$  treatments  $p < 0.05$ . Images displayed are representative of triplicate field observations from three independent experiments and data are expressed as the mean percentage of control  $\pm$  S.E.M.

Our findings agree with others, that arsenic has multiple effects depending on the concentration to which the cells are exposed. In other cell types, arsenic can initiate cell differentiation, act as an apoptogen, affect cell transformation

or cause cell cycle arrest [26–30]. McCabe et al. [28] showed that low concentrations of arsenic ( $\leq 1 \mu\text{M}$ ) potentiated vitamin- $\text{D}_3$ -induced differentiation of U937 myelomonocytic leukemia cell line [28]. Whereas, concentrations of  $> 10 \mu\text{M}$  rapidly induced

cell death irrespective of cell cycle phase. Intermediate concentrations of arsenic (5–10  $\mu\text{M}$ ) were cytostatic initially, but after cell division induced caspase-3 dependent apoptosis. Yi et al. [29] showed that ROS are involved in determining the susceptibility of pro-myelomonocytic leukemia cells to arsenic trioxide induced apoptosis [29]. Chou et al. [39] reported that arsenic induces the expression of NADPH-oxidase in NB4 pro-myelomonocytic leukemia cells and that this enzyme plays a major role in ROS production and cytotoxicity [39]. The RAW264.7 cells that were used in our study already contain NADPH-oxidase and produce  $\text{H}_2\text{O}_2$  in response to PMA, so further expression is not required. Thus, the RAW264.7 cells are a more mature cell line as compared with the NB4 cells and produce  $\text{H}_2\text{O}_2$  after exposure to  $\text{AsO}_2$ . Further studies are needed to determine the  $\text{H}_2\text{O}_2$ -dependent mechanism by which  $\text{AsO}_2$  induces osteoclast differentiation.

The present study was designed to investigate whether  $\text{AsO}_2$  affected preosteoclast differentiation or apoptosis and the involvement of  $\text{H}_2\text{O}_2$  production in these processes. Our findings show that preosteoclasts produce  $\text{H}_2\text{O}_2$  after exposure to  $\text{AsO}_2$  and dependent on the concentration of  $\text{AsO}_2$  and consecutively the amount of  $\text{H}_2\text{O}_2$  produced, these cells undergo differentiation or apoptosis. As reported in vivo concentrations of  $<3 \mu\text{M}$ ,  $\text{AsO}_2$  induced an  $\text{H}_2\text{O}_2$ -dependent differentiation of osteoclasts but not apoptosis. Thus, chronic low level arsenite exposure could increase bone resorption/remodeling by promoting osteoclast differentiation. It is therefore possible that arsenic could contribute to the development of Paget's disease or other osteoclast dependent bone related diseases, such as osteoporosis.

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